



Training on mother and child care

ANNUAL REPORT

2024-25



NAI PAHAL TRUST

"Putting a step forward towards empowerment"

D-184/185, NEW SEEMAPURI, NEAR PRIAMARY SCHOOL, DELHI-95

From the Desk of founder:

Nai Pahal, over the years has been working towards Skill Development, Youths Empowerment, Women Empowerment, Education, Health and Hygiene, Environmental Challenges, Mother and Child Care, Legal and Human Rights, Micro Finance, Capacity building of youths and women and Community Based Issues and wellbeing of 'the underserved and marginalized individuals and communities. In the year, 2024-25, *Nai Pahal* has been concentrated towards its development initiatives, organizational growth and Holistic Development of the Society. In the mentioned year, we have extended our support to the community and enrolled more than 600 adult, youths and adolescent at our center.

With our committed services and professional approach of managing our current functional centers, we have delivered several community based services i.e. conducting need base research, collecting data, organize community meeting, raised community voices at local forums, as area Counselor, MLA and other public representatives in the area of North East District of Delhi and NCR.

While I present Annual Report for 2024-2025, I take the opportunity to THANK all our Donors, Partners, Government stakeholders, NGO networks and colleagues and those who have availed our services for uplifting their life and for being part of this journey which has been truly enriching and satisfying one.

Nai Pahal continues to remain a 'developing organization' by keeping itself on the ground and continuously listening to the voices of women, youths, adolescent, children, Vulnerable community members and trying to do justice to their rights.

With a young and committed team, *Nai Pahal* will keep doing quality works with synergetic efforts of community and supporters. For us the journey has just begun and we welcome all on this mission.

Dr. Manohar Lal Rana
Founder President
Nai Pahal

About the Organization:

Nai Pahal was founded by young professionals of social and development fields, in the year 2010 with a sole objective of Holistic Development of Society. It is a registered national level Non- Governmental Organization under the Indian Trust Registration act 1882. It is neither profit making nor political in nature.

Nai Pahal is a developmental organization of national repute believes in humanitarian development and facilitating community development initiatives since 2010. Our strategy is to empower the vulnerable sections of the society by building their capacities through Education, Skill Based Training, apprenticeship, right based workshop, exposure visit, field visit and market visits to enhance the capacity and skills of youths and girls and women. We are working for the cause of human development focusing on the less privileged sections of the society in the rural and urban areas of the country. The organization primarily focuses on the issues related to Health and Hygiene, Skill development and Education, Micro Finance and Livelihood, Women and youth Empowerment, Mother and Child Care, Gender Balance, community based issues and Environment Protection.

Nai Pahal is one of the fastest emerging organizations in the area of Development. Its aim is to render suitable services to the poor and vulnerable persons of the Walled City areas of Delhi/NCR and its surroundings.

MISSION

We endeavor to provide the less-privileged children, women and youth education, knowledge, skills, values and facilities that will enable them to compete in the mainstream environment and live with dignity in the society.

VISION

We envision contributing significantly towards quality education, healthcare and livelihood facilities to the socially and economically disadvantaged people.

OBJECTIVES OF THE ORGANIZATION

- To provide better health facilities.
- To create awareness among the community on personal health & hygiene and water & sanitation.
- To provide better education facilities for weaker section of the community.
- To create awareness among the community on Child Protection, women empowerment and community based issues.
- To develop the skills of adolescent & women through various skill development training programs.
- To educate community for their legal rights.
- To sensitize the community about the local issues.
- To make people self-reliant and self-sufficient.

INTERVENTIONS

- Education
- Skill Development
- Women Empowerment
- Social development
- Health & Hygiene and Water & Sanitation
- Environmental Challenges
- Mother and Child Care
- Micro finance and Livelihood Generation

Education for All

Nai Pahal believes in mainstream education because it provides a way for success and makes the people capable to learn about the world earn their livelihood and turn to next step to make their life happy. They could contribute to their family and society too in a better manner. Therefore, Nai Pahal always encourages all youths (girls and boys) and their family members to get education and skill development and also motivate volunteers and team mates to get professional education so that they could work on community issues with interest and better understanding. Over the years, youths,

especially women are keen interested for getting higher education and enhance their technical for getting a job or starting a home based business. Youths are learning different skills personal and professional through Nai Pahal initiative.



Session on the importance of technical and soft skills



Session with girls on importance of education

Skill Development- An initiative for generating livelihood

Nai Pahal believes in skill. Therefore, it is running community based training centers where youths and women can learn computer education, cutting & tailoring, dress designing, craft making, beauty-culture and Mehandi to make the girls and women empower. India is facing very big challenge because there is a big gap between demand and supply of jobs. Thousands of youths are unemployed in the county. It has become a serious issue in country. Therefore, Nai Pahal decided to be part of skilling

India so that it can trend the youth in different technical as well as soft skills which will be very helpful to youths and women to start their home based business or get a job. Nai Pahal enhances them technically and also improving their soft skills so that they could compete in market.

Nai Pahal emphasizes both on soft and technical skill to develop their personality. Therefore, Nai Pahal is providing different session on personality development, communication, retail marketing, spoken English and social issues to make them aware about the social and national issues.

Nai Pahal also provides possible support to skilled trainees and gives them chance to develop their skill by teaching the other trainees. It makes possible arrangement to place the trained trainees in local NGOs, institution, shops, beauty-parlor, restaurant and other relevant institutions.

Nai Pahal encourages all to avail the facility to scholarship which is given by different institutions: governmental as well as non-governmental. Government is providing many scholarships for minorities, SC, ST& OBC students. But people not aware of these Government facilities. Therefore, Nai Pahal took an initiative to make them aware about the facility and scholarship which is given by different institutions so that they could grape and taking the benefits of existing policies, programmes, schemes, scholarships and other facility



Girls getting Computer Education



Skilling in cutting & tailoring



Skilled Girls in Bridal Making



Trained Girls in Different skills-Getting Certificate

Women Empowerment

Women empowerment is the main focus of the organization because it believes that women are the key person in the family who make change the practice and attitude of other family members, especially children. Therefore, Nai Pahal has started a campaign to empower the girls and women who will work in family as well as community as change-makers. Over the years, many girls and women have been empowered who are actively working to improve their life style and skills and motivate others to be a part of this campaign.

Nai Pahal believes in holistic development of them so that they can face the social, economic and political challenges and overcome on all issues to change the life of themselves and others.

Nai Pahal is making aware about their legal and human rights, importance of education, power of right to information act, role of skill in their life, self defense training, health and hygiene, issues of domestic violence, livelihood promotion, child rights, child abuse, gender equality and women empowerment, violence at work place, sexual harassment and Juvenile Justice Act etc. So that, they could develop their personality and improve their knowledge what the helpful and useful is for them being active change-makers in the community.

Legal Awareness Session:

The legal awareness session is also being organized in the area. The reason behind this activity is there are huge domestic violence problem/issues in the community. Mostly, the breadwinner of the family is male who is very much indulge in drinking alcohol and other harmful activities because of having alcohol domestic violence is very common in the families and society.

Nai Pahal has taken this initiative to conduct legal session so that the domestic violence activities can be minimized and the cases would be raised with appropriate authorities. Nai Pahal organizes legal awareness session once in a week through the legal experts/advocates and social activists. The need based issues were discussed during the sessions.



Session on domestic violence by legal expert



Session on human rights

Health and Hygiene

The organization organizes health camps once in three months for the community women and children under primarily awareness session is being delivered by the doctors and other domain experts. The session includes awareness on seasonal diseases, hormonal changes occurs in adolescent and their results, tuberculosis and its symptoms, diarrhea, menstrual hygiene, awareness of HIV/AIDS, family planning, water and sanitation, health and hygiene, and preventive approaches from disease etc.



workshop on menstrual hygiene by expert



Workshop on personal health & hygiene



Workshop on HIV/AIDS with girls



Workshop on HIV/AIDS with women



Session on gender equality



Session on career Counseling



Training on Self Help Group members

Nai Pahal always celebrates Women's day, Human rights day, Girl child day, Independence Day, Teacher's day, World AIDS day and so on. It organized many cultural as well as different competition activities for girls and women as drawing, mehandi, poster making on different themes, dance, singing and poet reading competition. Advocate, activist, teachers, leaders and participants deliver the lecture on women' rights and current challenges in society so that participants could be aware about the issues and challenges which are being faced by girls and women in society. The certificates and prizes are distributed among the participants and winners.

Annual Day Celebration-International Women's Day celebration



International women's day celebration



Lecture on women's rights



Drawing competition



Certificate Distribution



Independence Day Celebration

Other Activities

Nai Pahal takes part in many community events, NGO partner meet and other event. Nai Pahal puts its exhibition during events so that the designer garment could be sold. Nai Pahal takes part in Bhim Rao Ambedkar Collage annual function and puts it stalls there. Many reputed institutions and NGOs visited its stall and appreciate and encourage girls for their good job. Girls participated in cultural activities and sports and won many awards and certificates.



Exhibition at Ambedkar Collage, Delhi

Human Rights/Law student visit

Around 35 student from human right institute visited Nai Pahal office to learn how the organization works for girls and women. They exchanged their knowledge with girls and ask them about the challenges which are facing in family or community and how Nai Pahal is helping them. They appreciated its work. They visited local NGOs office, schools, aganwadi's and community too for better understanding our social work or NGO work.



Interacting with Human Rights students



NGO networking Meeting

NGO Network

Nai Pahal is working with many reputed non-government organization in the north east district of Delhi to exchange the programmes and utilize their expertise to solve out the problem of community and people through collective approach. The network meets on monthly basis to discuss their monthly plans and strategies. Nai Pahal presents its programme on different platform on state as well as national level. Partners NGOs are (Action India, PCI, Pardarsita, Basic Foundation, Chetanalaya, Asha Deep Foundation, Mobile Chreche, Children Library).



NGOs network – exchange the ideas and programmes



NGO partner meeting



Participating at Urban Action School training at Hyderabad



Participating in Recycling Project Management training at Chandigarh



Nai Pahal management presents at different platform